

2018

SOTO ANNUAL CONVENTION

17+18 NOVEMBER GOLD COAST.

SOTO AUSTRALASIA

AFFERENTATE & INTEGRATE

Upper Cervical and Cranial work profoundly influences our nervous system

Presented by DR BRETT HOULDEN & DR HELEN SEXTON

Brett and Helen will present a weekend amalgamating theory with technique, including:

- Simple, impactful techniques targeting the cranio-cervical junction.
- Understanding vertebro-dural and myo-dural bridges: the link between spine and dura.
- Investigating the Vagus nerve, the gateway to the Parasympathetic Nervous System.

How do we influence the Vagus? How might we measure it?

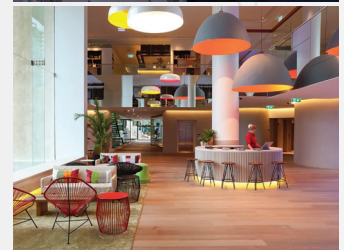
- Bringing to life the research that supports what we do every day in Chiropractic practice.

Dr's Helen Sexton and Brett Houlden have enjoyed over 25 years in chiropractic practice. They currently work together in a large SOT-based family practice.

Dr Helen Sexton's professional journey has seen her lecturing for the Carrick Institute and, more recently the Diplomate program for Chiropractic Neuro-developmental Paediatrics.

Helen has a passion for reconciling neuroscience with practice.

Brett Holden has been presenting SOT and cranial seminars throughout Australia, New Zealand, Fiji, USA and the UK. He loves cranial work, and his specialty is making complex ideas seem simple and easy to understand.



QT
GOLD COAST
QT Gold Coast.
7 Staghorn Ave,
Gold Coast QLD.

QT GOLD COAST. 17+18 NOV.

SATURDAY 18 NOV.	8.30AM	Registration	12.5 FLA HOURS
	8.30AM - 5.00PM	Afferentate and Integrate Session	
	5.00PM - 5.45PM	SOTO Annual General Meeting	
	6.00PM - 10.30PM	Saturday Night Function	
SUNDAY 19 NOV.	8.30AM	Registration & Light Breakfast	
	9.00AM - 3.30PM	Afferentate and Integrate Session	

SOTO delegates can book a room at QT Gold Coast for just \$189 p/n with a Bazaar Breakfast for just \$25p/h. Quote - SOTO Conference on booking. Call (07) 5584 1200 for reservations.



**FRIDAY 17 NOV '18
QT GOLD COAST**

Application forms and guidelines available at www.soto.net.au/education

Note: Candidates must register for their chosen level of certification a min of 28 days prior to the advertised date of examinations.



**EARLY BIRD DISCOUNTS :
BOOK BEFORE 27 SEPT '18.**

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